

# A Message for Y-O-U

Hey, you.  
You there.

Yeah, that's right,  
**You.**  
The one reading.



This book is about sisters, brothers, and getting along. Every sibling relationship has ups and downs, twists and turns, and moments of **AAAACK!** (Kind of like a roller coaster.) But you can smooth out the ride and have more fun. We wrote this book to help you do it.

It would be really cool if your siblings read the book, too, but that might not happen. Maybe they can't even read yet. Or maybe you'll put this book right where they can find it—*hint hint*—and it still won't get read. That's okay because we have a message especially for *you*.

You live in a family, and your family is your training ground for learning to get along with other people in life. Getting along is challenging no matter how awesome you or your family may be. You'll need practice and some patience, too.

Every idea in this book starts with you. That's because getting along with others really comes down to being the best **YOU** you can be. (Corny but true.) There are probably at least a *few* things you would like to change about your relationship with your siblings. Well, the one person you can change in this world is yourself. The new ways *you* decide to act and speak may inspire your sisters or brothers, or the rest of your family, to follow your lead.

So give yourself a pat on the back, or take a little bow—you deserve some credit for what you're about to do.

