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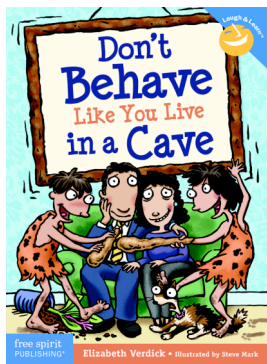
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DON'T BEHAVE LIKE YOU LIVE IN A CAVE

by Elizabeth Verdick,
illustrated by
Steve Mark

Kids' Behavior Making You Crazy? Help Them Make Better Choices at School and at Home

**For
Immediate
Release!**

Minneapolis, MN—Do you know a kid who acts up or acts out? A boy whose antics make you pull out your hair? A girl who seems to get into trouble more than other kids? Someone who behaves like a “cave kid”?

Help them make smarter choices at home and at school with **DON'T BEHAVE LIKE YOU LIVE IN A CAVE** by Elizabeth Verdick (Free Spirit Publishing, \$8.95), a kid-friendly pocket book that takes a positive approach to behavior issues. Better behavior isn't just about making adults happy. When kids make smart behavior choices, they stay out of trouble, feel good about themselves, and get along better with family, friends, and teachers. That leads to self-control, awareness, and a positive outlook, so things go better for *kids*.

Lighthearted yet supportive and frank, with full-color cartoons and hilarious text that kids can relate to, **DON'T BEHAVE LIKE YOU LIVE IN A CAVE** helps readers learn to make thoughtful, deliberate, constructive behavior decisions. That means fewer behavior problems and more freedom—and fun!

Boys and girls will learn:

- 5 great goals for better behavior
- 5 simple steps toward meeting those goals
- Tips for managing their energy
- Ways to motivate and reward themselves
- How to avoid being eaten by a saber-toothed tiger (just in case!)

Part of the best-selling, award-winning Laugh & Learn™ series, **DON'T BEHAVE LIKE YOU LIVE IN A CAVE** is for all kids, including those who have serious behavior issues or disorders and those who just need a little reminder—and maybe a good laugh. It addresses small behavior issues, like talking or blurting out in class, as well as more challenging behaviors such as fighting or disobeying parents. Never preachy, the focus on benefits of better behavior choices helps kids feel motivated rather than lectured. A note to parents and caregivers reminds adults that a misbehaving child may be struggling and in need of help, and offers hints to help him or her succeed at making smarter choices.

DON'T BEHAVE LIKE YOU LIVE IN A CAVE isn't about turning kids into perfect robots—it's here to help them get in less trouble, feel good about themselves, and get along better with family and friends. And even a “cave kid” can appreciate that!

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DON'T BEHAVE LIKE YOU LIVE IN A CAVE

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• color illust. • 5 1/8" x 7" • for ages 8–13



About the Author

Elizabeth Verdick has been writing books since 1997, the year her daughter was born. Her two children, now ages 13 and 8, are the inspiration for nearly everything she writes. Before becoming an author, Elizabeth edited books for children and parents. These days she writes books for toddlers to teens, and everything in between. She especially loves creating new board book series for toddlers—the latest series is Toddler Tools™, which helps young children and their parents cope with those tough times and transitions that happen every day (like naptime and bedtime). The Best Behavior™ series helps toddlers reach new milestones and improve their day-to-day behavior. Elizabeth also enjoys getting the chance to look at the funny side of life in the Laugh & Learn series, which helps kids ages 8–13 get a handle on the social and emotional skills they're developing throughout the elementary and middle school years. Elizabeth lives with her family and five pets near St. Paul, Minnesota.



About the Illustrator

Steve Mark is a freelance illustrator and part-time puppeteer. He lives in Minnesota and is the father of three and the husband of one. Steve has illustrated several books in the Laugh & Learn series, including **DUDE, THAT'S RUDE! (GET SOME MANNERS)** and **SIBLINGS**.



About Free Spirit Publishing (www.freespirit.com)

Meeting kids' social, emotional, and educational needs since 1983

Headquartered in Minneapolis, Minnesota, Free Spirit is the leading publisher of learning tools that support young people's social-emotional and educational health. Free Spirit's mission is to help children and teens think for themselves, succeed in life, and make a difference in the world.