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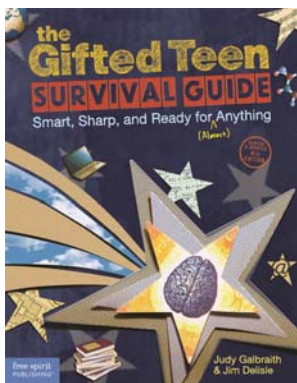
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**THE GIFTED TEEN SURVIVAL  
GUIDE: SMART, SHARP, AND  
READY FOR (ALMOST) ANYTHING  
(REVISED AND UPDATED 4<sup>TH</sup>  
EDITION)**

**by Judy Galbraith, M.A.,  
& Jim Delisle, Ph.D.**

“Gifted teenagers should keep this book under their pillows to read at night while reflecting upon their days. It offers tremendous insight into the issues this group of adolescents faces.”

—Ranee Blair, associate director, Center for Talent Development, Northwestern University

## Survival Guide Helps Gifted Teens Take Charge of Their Education and Their Lives

### Advance praise for *The Gifted Teen Survival Guide*:

“Offers specific, often pithy advice. This updated edition . . . feels fresh and timely. An intelligent, entertaining look at the unique and not-so-unique issues that gifted teens face.”—*Kirkus Reviews*

Minneapolis, MN—From the experts who pioneered books for gifted kids’ social and emotional needs comes the fourth edition of *The Gifted Teen Survival Guide*—the ultimate guide to thriving in a world that doesn’t always support or understand high ability. *The Gifted Teen Survival Guide: Smart, Sharp, and Ready for (Almost) Anything* (Free Spirit Publishing, \$15.99) has been revised and updated to provide a new generation of gifted teens with encouragement, life skill strategies, and information about giftedness.

Written by experts in gifted education Judy Galbraith, M.A., and Jim Delisle, Ph.D., this book has been the go-to resource for gifted teens since the first edition was published in 1983. Based on new surveys of nearly 1,400 gifted teens, the fourth edition of *The Gifted Teen Survival Guide* is full of surprising facts, inspiring teen quotes, and insightful expert essays, giving readers the tools they need to appreciate their giftedness as an asset and use it to reach their full potential.

This book comes at a time when gifted education in the United States and other parts of the world is under fire or being ignored. Many school districts, faced with shrinking budgets and cutbacks, have dropped their gifted programs altogether. Tighter budgets mean fewer qualified teachers and heavier workloads, and that means fewer opportunities to give gifted kids the individualized and challenging education they need and deserve. Galbraith and Delisle help teens take charge of their education—understanding content standards, knowing their rights as students, relating to teachers, and exploring options such as homeschooling and virtual learning.

This book has also been revised to include topics gifted teens want to know more about including twice-exceptionality, emotional and social intelligence, intensities, creativity, teen brain development, study habits, perfectionism, International Baccalaureate programs, college financing, STEM careers, internships, social networking, cyberbullying, existential crises, and more.

With more than a quarter-million copies of prior editions in print, *The Gifted Teen Survival Guide* is essential reading for gifted teens, their parents, teachers, counselors, and anyone who cares about smart, talented, curious young people.

Note: Previous editions of this book were titled *The Gifted Kids’ Survival Guide: A Teen Handbook*.

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October  
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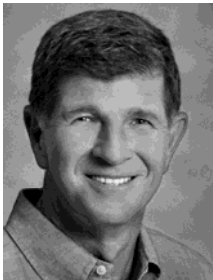
By Judy Galbraith, M.A., and Jim Delisle, Ph.D.

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• two-color, illust. • 7" x 9" • Ages 11 & Up

**About the authors**



**Judy Galbraith, M.A.**, has a master's degree in guidance and counseling of the gifted. She has worked with and taught gifted children and teens, their parents, and their teachers for over three decades. In 1983, she started Free Spirit Publishing, which specializes in Self-Help for Kids® and Self-Help for Teens® books and other learning resources. She is the author of numerous books, including *The Gifted Kids' Survival Guide: For Ages 10 & Under*. Judy lives in Minneapolis, Minnesota.



**Jim Delisle, Ph.D.**, has taught gifted children and those who work on their behalf for more than thirty years, including twenty-five years as a professor of special education at Kent State University. The author of more than 250 articles and sixteen books, he is a frequent presenter on gifted children's intellectual and emotional growth. Jim lives in North Myrtle Beach, South Carolina.



**About Free Spirit Publishing ([www.freespirit.com](http://www.freespirit.com))  
Meeting kids' social, emotional, and educational needs since 1983**

Headquartered in Minneapolis, Minnesota, Free Spirit is the leading publisher of learning tools that support young people's social-emotional health and their educational needs. Free Spirit's mission is to help children and teens think for themselves, succeed in life, and make a difference in the world.