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Kids Take Action to Make a Positive Difference

For
Immediate
Release!

"I used to say I wanted to make a difference in people's lives when I grew up. Doing our project made me realize that I can make a difference right now."—Serena, age 14

"Would I do this again? Definitely. I would do another service learning project. Now I have even more ideas and probably more confidence."—Lucas, age 16

Minneapolis, MN—More than 840 million adults in the world cannot read or write. More than 800 million people go to bed hungry every night. And more than half of the global population lives on less than two dollars a day. Despite these crippling statistics, kids and teens are reaching out to their communities and the world to make positive changes, because with the right tools at the right time, change can happen.

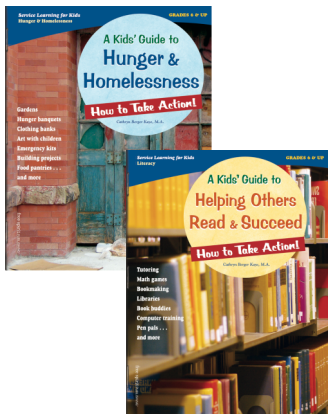
Two new service learning workbooks from Cathryn Berger Kaye, M.A., pioneer in service learning curriculum and award-winning author, puts the power of positive change directly into young people's hands. **A KIDS' GUIDE TO HELPING OTHERS READ & SUCCEED: HOW TO TAKE ACTION!** and **A KIDS' GUIDE TO HUNGER & HOMELESSNESS: HOW TO TAKE ACTION!** (Free Spirit Publishing, \$6.95 each) teach students in grades 6 and up:

- The basics of service learning, including examples of how other kids have made changes in their communities
- The facts about literacy, hunger, and homelessness
- How to get started by assessing community needs
- How to locate resources and assistance
- When and how to take action

Service learning has become an integrated part of education in schools across the country. No longer a "new" or "experimental" idea, service learning enables students to discover and test new skills, develop a sense of competence, and appreciate the value of being part of something larger than themselves. **A KIDS' GUIDE TO HELPING OTHERS READ & SUCCEED** and **A KIDS' GUIDE TO HUNGER & HOMELESSNESS** include activities intended to engage and provoke imagination, followed by a call to action.

Cathryn Berger Kaye, who also authored **THE COMPLETE GUIDE TO SERVICE LEARNING: PROVEN, PRACTICAL WAYS TO ENGAGE STUDENTS IN CIVIC RESPONSIBILITY, ACADEMIC CURRICULUM, & SOCIAL ACTION** (2004, Free Spirit Publishing), knows that young people have ideas, energy, and enthusiasm that can benefit our communities. According to Cathryn, "By giving these books to students or to your own children, you are helping them participate successfully in service learning. The process of completing the activities helps them develop personal skills, knowledge, and abilities required to address the community needs they care about."

Teachers, parents, and group leaders can use these workbooks in classrooms, youth-serving organizations, after-school settings, or at home. Kids do care about others, and they want to make a difference in the world. Here are the facts, tools, and inspiration they need to make it happen.



A KIDS' GUIDE TO HELPING OTHERS READ & SUCCEED: HOW TO TAKE ACTION!
and
A KIDS' GUIDE TO HUNGER & HOMELESSNESS: HOW TO TAKE ACTION!

by Cathryn Berger Kaye,
M.A.

Hands-on, consumable workbooks include games, quizzes, and journaling space on almost every page, encouraging continuous, active participation. An FYI section lists resources for additional research and exploration.

Review copies are available through Free Spirit Publishing.
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A KIDS' GUIDE TO HELPING OTHERS READ & SUCCEED: HOW TO TAKE ACTION!

by Cathryn Berger Kaye, M.A.

ISBN 978-1-57542-241-1 ● \$6.95 ● Softcover ● 48 pp. ● illust. ● 8 ½" x 11"
● for grades 6 and up

A KIDS' GUIDE TO HUNGER & HOMELESSNESS: HOW TO TAKE ACTION!

by Cathryn Berger Kaye, M.A.

ISBN 978-1-57542-240-4 ● \$6.95 ● Softcover ● 48 pp. ● illust. ● 8 ½" x 11"
● for grades 6 and up



About the Author

Cathryn Berger Kaye, M.A., is a former classroom teacher, a nationally recognized expert on service learning, and an International Service Learning Consultant. She works with state departments of education, university faculty and students, school districts, and classroom teachers on a variety of educational issues such as service learning, civic responsibility, student leadership, and respectful school communities. She also is the author of **THE COMPLETE GUIDE TO SERVICE LEARNING: PROVEN, PRACTICAL WAYS TO ENGAGE STUDENTS IN CIVIC RESPONSIBILITY, ACADEMIC CURRICULUM, & SOCIAL ACTION** (2004, Free Spirit Publishing). Cathryn lives in Los Angeles with her husband.



About Free Spirit Publishing (www.freespirit.com)

Helping kids help themselves™ since 1983

Headquartered in Minneapolis, Minnesota, Free Spirit is the leading publisher of learning tools that support young people's social and emotional health. Free Spirit's mission is to help children and teens to think for themselves, succeed in life, and make a difference in the world.