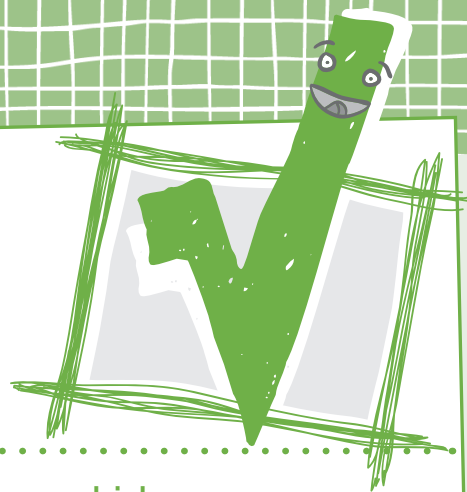


Find Out About Your LD



What kind of LD do you have? Some kids have more than one kind. Write down the kinds that you have on a separate sheet of paper. Or make a photocopy of the checklist to mark your answers. Or you can download and print out a copy at www.freespirit.com/LD.

Check all the kinds of LD that apply to you.

- I have problems with reading.
(dyslexia)
- I have problems with writing.
(dysgraphia)
- I have problems with math.
(dyscalculia)
- I have problems understanding what I see.
(visual perceptual/visual motor deficit)
- I have problems understanding what I hear.
(auditory processing disorder)
- I have problems with language.
(language processing disorder)
- I have problems with nonverbal skills.
(nonverbal learning disabilities)



Do you have problems related to LD?

- I have problems paying attention.
(attention deficit hyperactivity disorder)
- I have problems sitting still.
(attention deficit hyperactivity disorder)
- I have problems remembering things.
(executive functioning)
- I have problems keeping things organized.
(executive functioning)
- I have problems being on time.
(executive functioning)

Keep reading the book. As you read, think about the kind of LD you have. Think about how the information in the book can help you with your LD.
