



Your Brain and LD

How does LD make learning difficult for you? Answer the following questions to find out. You can write your answers (just the letters) on a separate sheet of paper. Or you can photocopy the quiz to write on. Or you can download and print out a copy at www.freespirit.com/LD. Look at the second and third pages to find out what your answers mean.

1. How does your brain work when your teacher asks you a question?

- a. I can hear the question, but I can't find the answer in my brain.
- b. I can find the answer in my brain, but it doesn't come out of my mouth the right way.
- c. I can't answer the question if it is too long.
- d. I can't answer the question if I have to write it down. But if I can say the answer, I can do it.

2. How does your brain work when you read a book?

- a. I sometimes read the words wrong.
- b. I sometimes leave out important words.
- c. I can read words, but I don't understand what some of the words mean.
- d. The words get all jumbled together.



3. How does your brain work when you try to write down a word in a spelling test?

- a. I can hear the word but I write it down backward.
- b. I write down the wrong word.
- c. I hear the word but when I write it down, I jumble the letters.
- d. I can hear the word and see how it is spelled in my brain. But when I try to write it, I spell it the wrong way.

What Your Answers Mean

Question 1:

- If you answered **a**: You have trouble organizing the information. Your brain cannot make sense of the question.
- If you answered **b**: You understand the question and your brain has organized the information, but you have trouble getting the information out of your brain.
- If you answered **c**: You have trouble receiving too much information at the same time. Your brain wants to take in all of the information. It is not able to pay attention to the most important information.
- If you answered **d**: You understand the question and you know the answer. It's just that your brain does not know how to answer in writing. But your brain can answer the question when you use your speech.



Question 2:

- If you answered **a**: Your eyes see the word but your brain organizes the word signal wrong. Your brain cannot make sense of the signal.
- If you answered **b**: Your brain has trouble knowing which signals are important. It does not recognize the right signal for the word.
- If you answered **c**: Your brain has received the word signal from your eyes. But it organizes the word in the wrong way. It can't make sense of the word.
- If you answered **d**: Your eyes see the words. Your brain receives the information. But when you try to understand the words, the brain can't send out the signal that tells what the words mean.

Question 3:

- If you answered **a**: Your brain flips the signal for the word.
- If you answered **b**: Your brain receives the wrong signal for the word.
- If you answered **c**: Your brain receives the right signal for the word, but your brain organizes the signal for the word in the wrong way.
- If you answered **d**: You know how to spell the word but your brain cannot *output* the word. You cannot put the word down on paper.

As you continue to read the book, think about how your brain works. Think about what advice is most helpful for how your brain works.