What Will You Do to Get Along Better?



This chapter gives lots of tips for getting along in middle school and high school. Look at the checklist below. Write what you will do on a separate sheet of paper. Or photocopy the checklist. Or you can download and print out a copy at www.freespirit.com/LD.

I will expect a big change.
I will find my classrooms before school starts.
I will check with my friends to see if they are in my classes.
I will have my parents make sure my teachers know that I have LD.
I will speak up if I am not getting the help I need
I will stay organized with my homework.
I will work with a parent or counselor to pick my classes.
I will talk to a teacher or school counselor if I get bullied.

Keep this checklist. Refer to it when you feel like you are not getting along. Use the tips you checked to get along better. Think about using the ones you did not check. They may help you, too.

☐ I will join a club or other activity.

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