Why Should I?
A book about respect

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Arin doesn’t mean to upset people, but that’s what happens when he’s careless, takes over other people’s space, and makes fun of their ideas. His family and teacher say he needs to show more respect. But what does that mean? Feeling confused and unhappy, Arin asks his grandma for help. Together, they talk about treating people the way he would like to be treated. Arin learns to show respect to others and finds that everyone is friendlier toward him when he does.

Following the story, a series of pictures invites kids to use their own words to tell a story about respecting other people and their things. A special section for adults suggests discussion questions and ideas for guiding children to talk about what it means to show respect and why it’s important.

Look for all the books in the Our Emotions and Behavior series

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Arin didn’t look after anything. He didn’t look after his toys. He broke them all the time.

“You need to respect your toys,” said Dad.
Arin didn’t look after his clothes. He never bothered to hang them up or put them away in the right places.

“You need to respect your clothes,” said Mom. If anyone asked him to be more respectful, he just muttered, “Why should I?”
After reading, talk about the book with the children

- What was the book about? Have the children ever been careless with toys or their clothes? What were the consequences if they did not look after their things? Invite children to talk about their experiences.

- Have they ever experienced someone not respecting them or their possessions? How did that feel?

- As a group, talk about why it is important for people to treat others as they themselves would wish to be treated. Encourage children to take turns speaking and to listen politely while others are talking.

- Look at the picture story and talk about what is shown. Invite children to act out the situation in the picture story. Discuss performances afterward as a group.

- Talk about being part of a school community. Why is it important to show respect for others in school? What examples can children give? Examples may be standing patiently and quietly in a line; not interrupting when others are speaking; not pushing past others; asking first if you want to borrow something; being careful with other people’s possessions; and being respectful of other people’s opinions. Make a list of these examples and display them in your space.

A note about sharing this book

The Our Emotions and Behavior series has been developed to provide a starting point for further discussion about children’s feelings and behavior, both in relation to themselves and to other people.

Why Should I?
This book looks in a reassuring way at why it is important to have respect, not only for ourselves and our own things but for other people and their possessions, space, and ideas.

The book aims to encourage children to have a developing awareness of behavioral expectations in different settings. It also invites children to begin to consider the consequences of their words and actions for themselves and others.

Picture story
The picture story on pages 22 and 23 provides an opportunity for speaking and listening. Children are encouraged to tell the story illustrated in the panels: Ellie is throwing her ball against her neighbor’s wall and making dirty marks. When the neighbor talks to her about it, Ellie stops and cleans the wall. She ends up playing ball with her neighbor’s son.

How to use the book
The book is designed for adults to share with either an individual child or a group of children, and as a starting point for discussion.

The book also provides visual support and repeated words and phrases to build confidence in children who are starting to read on their own.

Before reading the story
Choose a time to read when you and the children are relaxed and have time to share the story.

Spend time looking at the illustrations and talk about what the book may be about before reading it together.