

Wise Words

“Courage, sacrifice, determination, commitment, toughness, heart, talent, guts. That’s what little girls are made of.”

—**Bethany Hamilton**, surfer



***Consider
This***

Consider the ways movies, magazines, commercials, and other media show women and girls. What ways do you like? What do you dislike? Why?

A horizontal line of 15 grey dots of varying sizes, with the largest ones at the ends and smaller ones in between, framing the title.

Dig Deeper

Find a magazine or blog that is published for girls or women. Make a note of some ads or articles that catch your eye—in a positive or negative way. Then talk with other people about their thoughts on what you found.