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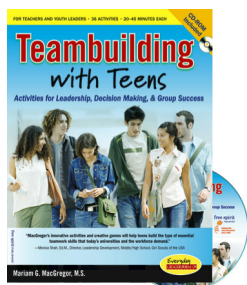
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Meeting kids' social & emotional needs since 1983

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TEAMBUILDING WITH TEENS: ACTIVITIES FOR LEADERSHIP, DECISION MAKING, & GROUP SUCCESS

by

Mariam G. MacGregor, M.S.

Help teens develop leadership skills that will last a lifetime

For
Immediate
Release!

Minneapolis, MN—All teens have the potential to lead, but how can educators, counselors, and youth workers help them realize that potential? With the new book **TEAMBUILDING WITH TEENS: ACTIVITIES FOR LEADERSHIP, DECISION MAKING, & GROUP SUCCESS** (Free Spirit Publishing, \$34.95), adults have a ready-made resource to help young people practice skills and attitudes leaders use.

Written by Mariam G. MacGregor, author of the award-winning **BUILDING EVERYDAY LEADERSHIP IN ALL TEENS**, **TEAMBUILDING WITH TEENS** is a compilation of vibrant activities that teach leadership, decision making, communication, and group dynamics. It's a complete resource to use in the classroom, in faith- and community-based organizations, at camps, in after-school activities, with athletic teams, or in any other setting where young people explore character-building concepts. The accompanying CD-ROM (for Macintosh and Windows) includes all of the reproducible forms from the book.

Designed to be flexible, **TEAMBUILDING WITH TEENS** lets facilitators choose to conduct all of the activities or select those best suited to their group. The book can be used on its own or incorporated into another curriculum or program. The 36 activities are organized into eight topic areas:

- Icebreakers
- Self-Awareness
- Working with Others
- Communication
- Qualities of Leadership
- Social Issues
- Decision Making and Problem Solving
- Closure

A former school counselor who has worked with middle and high school teens as well as college-age students, MacGregor developed the activities in this book to engage participants as much as possible, incorporating mind and body together in many cases. She explains, "Experiential learning—learning by doing—jumpstarts creative thinking. When students communicate and cooperate with one another, move around, and use their bodies in conjunction with their brains, their spoken and written expressions become more focused, thoughtful, and complete. **TEAMBUILDING WITH TEENS** makes learning about leadership a hands-on, active experience."

MacGregor knows that developing successful team participation skills can benefit a young person throughout his or her life. As she writes in her book, "Whether you're a seasoned teacher or group facilitator or you're new to working with a class or youth group, these activities were created with you in mind. Use them as they're written or add your own spin as you find what works best in your setting. Either way, enjoy inspiring teens with the long-lasting confidence and personal growth that comes from being part of a successful group."

**TEAMBUILDING WITH TEENS:
ACTIVITIES FOR LEADERSHIP, DECISION MAKING, & GROUP SUCCESS**

by Mariam G. MacGregor, M.S.

ISBN 978-1-57542-265-7 = \$34.95 = Softcover = 192pp. = 8½" x 11"
= for teachers and youth workers, grades 6–12

About the Author



Mariam G. MacGregor, M.S., founded and runs Youthleadership.com, an online clearinghouse and resource center for individuals working with youth leaders. The Web site connects thousands of individuals around the world with information and links that can help create meaningful leadership opportunities for teens and young adults. Over the past 16 years, Mariam has consulted with various organizations, written articles on youth leadership for different publications, and presented workshops to diverse audiences emphasizing meaningful youth leadership experiences in schools and communities. Her curriculum, *Building Everyday Leadership in All Teens*, received the 2007 Distinguished Achievement Award from the Association of Educational Publishers (AEP). Mariam's leadership books and Youthleadership.com have been featured in the National Association for Secondary School Principals catalog, *Leadership for Student Activities* magazine (a monthly magazine for advisors who work with student councils and National Honor Society chapters), and the Canadian Association of Student Activity Advisors catalog and Web site, among others. She lives in the foothills outside Denver, Colorado, with her husband and children.



About Free Spirit Publishing (www.freespirit.com)

Meeting kids' social & emotional needs since 1983

Headquartered in Minneapolis, Minnesota, Free Spirit is the leading publisher of learning tools that support young people's social and emotional health. Free Spirit's mission is to help children and teens think for themselves, succeed in life, and make a difference in the world.